



n e w s

news from the trunk

Thursday, May 5th 2016



KAS Goes Green - Tree Day Planting!



KAS Annual General Parent Meeting and Board Elections May 5, 2016:

The annual General Meeting of the KAS parents will take place at 6 PM at KAS. At that time you will be able to vote for two open board seats.

Following the General Meeting will be The Spring Play, **School's Out! Hello Summer!** We hope to see everyone at the annual general meeting and the play.

Dear Parents and Guardians,

This evening at 6 PM will be the KAS Annual Parent General Assembly. At the Annual General Assembly the Superintendent, the Board President and the Board Treasurer will speak about the state of the school. Parents will also have the opportunity to vote for board members. The Khartoum American School is governed by a 9 member board. 8 parents are elected, one member is selected by the US Ambassador. Elected members of the board serve for 2 years. At the end of 2 years they can be re-elected to serve successive two year terms as a board member. When a parent leaves in the middle of their term of office, it is the Board's responsibility to select a parent from the community to complete the departed parent's term of office.

This KAS model of parent governance has worked successfully for many years. Parents serve on the Board to support and promote the success of the school and every student at KAS. Board members serve on a volunteer basis. Each member contributes their ideas regarding matters of policy and regulations. The administration consults with the the Board and carries out Board Policies. The regular and ongoing interaction of the school administration with the Board creates a synergy that moves the school forward to its next level of excellence.

The success of our great school depends on the generosity of our dedicated volunteer Board members. KAS Board members unselfishly and generously offer many hours of their time, energy and expertise. It is this kind of caring volunteerism and collaborative effort that makes KAS the success story that it is. I urge you to come to the General Assembly this evening.

The 'KAS Family' of students, parents and staff thank you School Board for your dedication to KAS. Thank you!

Following the Annual General Assembly will be the Spring play 'School's Out! Hello Summer!' The entire Elementary School is participating in this fun music and dance celebration. I look forward to seeing you at the play and the Assembly meeting.

Sincerely,

Dr. Rob Beck
Superintendent

Arabic Studies

We have enjoyed Arabic class a lot this 2nd semester. We have been learning about the Shada, Mada, and the Tanween. We have also learned a lot of writing and reading skills. We have been reading stories then copying them to another paper and finding the Shada, Mada, and the Tanween. We have also been reading stories and learning what the stories are about. Sometimes when we read a story we answer questions about the story on another piece of paper. Sometimes the teacher reads for us and we have to listen carefully so then we can answer the questions that will be asked. Since the 1 to 1 program started we started learning how to type Arabic stories on the mac book pro laptops using the Arabic keyboard. Grade 3/4

Abdelrazig Ibrahim

Arabic Language Teacher



SAYING OF THE WEEK

When something is **Flavor Of The Month**, it is temporarily in fashion. The phrase is one of the most enduring advertising slogans of the last century and originates in the American ice cream parlors during the 1950s. To encourage customers to try different flavors and increase the sales of less popular types of ice cream, parlors would lower the price of a certain flavor for a month-long promotion. That month's cheap ice cream would be widely promoted as 'the flavor of the month'.

Minette van der Bijl

High School/Middle School English Department



Math & Riddle Masters

This Week's Winners



Kishan Ghetia | Aya Ibrahim | Ahmed Abualgasim | Aleen Alzein
Grade 5 | Grade 2 | Grade 2 | Kindergarten

On Tuesday April 26, a group of poets, performers, and drama facilitators from the U.K. came to visit our school. The group which goes under the name, "The Change Collective" is headed by poet Deeana Rodger, drama facilitator Dan Boyd, and Anthony who does rap. The group, who were visiting Khartoum under the sponsorship of the British Council, led an African Sonnets Evening at The Corinthia Hotel. This was part of the British Council's Shakespeare Lives Project, which commemorates 400 years since the death of William Shakespeare. Despite their busy schedule they enthusiastically accepted our invitation to come along and work with us. It was an incredible morning of drama, poetry, dance, comedy, and rap. This is one experience that will live in the hearts and minds of our young performers for the rest of their lives.

Deeana initiated our group activity with her poem entitled "London". This was followed by poetry, raps and dance. Then it was the turn of our students to perform for them. Our Shakespeare Elective Ensemble performed selected scenes from their forthcoming production, Much Ado About Nothing. Mr. Micheal Metcalf's Shakespearean Drama students and 9 & 10 English Literature students have done an outstanding job. Their first performance was a huge success and now we are all looking forward to their second drama production "Much Ado About Nothing". Mr. Micheal is a very dedicated teacher who has years of experience in teaching English Literature and drama. He has a passion for Shakespearean drama and is able to bring out true talents in students. He is also very knowledgeable and creative and is well loved by all his students.



Here's what Deeana said about our Shakespeare Ensemble: "I speak on behalf of my team when I say we were blown away by not only the talent, but also the openness and energy of the space and people. How lucky you are to work there! The scenes presented to us were some of the best we have seen - professionally and in schools. The commitment, understanding and ownership to the text was evident and the comradeship from the drama students, inspiring".

Here's what our students said about the Change Collective:

They were very passionate and this was expressed in the way they were performing. They taught us how to become professional performers. They also taught us how to work as a team. It was a special experience and I'll never forget it. **Omnia**

I've seen many extraordinary performances in my 15 years of life, but none have come close to the excellence of Anthony's rap, or the exquisiteness of Deeana's poems. Watching them perform is an experience one cannot forget. Whether it was at school, or at the Sonnets for Africa performance, what they, as a group do, is truly a work of art. **Ahmed**

When I first saw the British Council performer's enter the room I was not sure what was going to happen, but they displayed their acts with such passion and real artistic enthusiasm that it was inspiring. There was a clear message in Anthony's rap about Martin Luther King and Deeana's poems. Their poems made me want to pursue an artistic career. **Samir**

The experience I had while watching Dan, Deeana, and Anthony perform shows the sophisticated side of literature. Also, it showed how the actors were capable of drawing attention from the audience in short poems and acts. Hats off to them! **Talha**

To watch Dan, Deeana, and Anthony perform was an experience unlike any other. It taught us some tips and tricks about how to act and perform, and really opened our eyes to a whole different side of literature, one that I definitely have an interest in. **Hamada**



Susan Boutros
Middle & High School Principal

Interview With Ms. Aleli The Nurse

Q: What is Hepatitis A and what does the virus do to the body?

A: Hepatitis A infects the liver and leads to the malfunction of the liver by inflammation. The liver has the role of breaking down sugar, fat and other substances, but the virus interferes with the work.

Q: What are the symptoms of this disease?

A: From the virus of Hepatitis A, you can have symptoms such as jaundice (skin color changing to yellow), abdominal pain, loss of appetite, nausea, fever, diarrhea, and fatigue.

Q: Is Hepatitis A easy to spread?

A: It is very easy to spread, and the most important reason why Hepatitis A is easy to spread is because the person infected does not know in the beginning. It takes about 2 weeks for the viral incubation to happen and the symptoms show after these 2 weeks, so before the viral incubation, the person will not even know whether he/she is infected by the virus of Hepatitis A.

Q: If it is easy to spread, in what ways can Hepatitis A be spread?

A: One of the most common ways Hepatitis A is spread is through consumption of contaminated food and water. Swallowing contaminated ice, eating food that is not properly handled and eating fish from contaminated water can also spread the disease. Daily habits such as eating food with your hands and sharing one glass with a group of people also spreads the virus.

Q: Then, what can we do to stop the spread?

A: The most important thing we can do to stop the spread is to preserve good hygiene. And the most easiest and effective way is to keep our hands clean. We need to clean our hands as much as we can, especially after going to the bathroom. We should all wash our hands like shown in the diagram.



Q: Are vaccines available for the citizens here in Sudan?

A: Vaccines for Hepatitis A is available in the world, but not in Sudan. The reason why vaccines are not available is that the vaccinations are only available through private doctors and they are very expensive. Also, it is suggested that the health department do not seem to care about Hepatitis A as much as other diseases for it is not as fatal and it only causes death in extreme cases. However, there are medications available for the people.

Q: How is Hepatitis A considered as one of the major infectious diseases in Sudan but not as the fatal diseases?

A: It is highly infected, but there is no permanent cure for this disease. The virus is somewhat similar to the virus of flus. It comes and infects the liver, and it can be treated by medications and vaccinations (in other countries) , but within 6 to 9 months, the disease can return again if the body is weak again and if the person do not preserve good hygiene. And eradication of Hepatitis A is impossible, therefore it is considered as one of Sudan's major infectious diseases.

Q: How can we make the people of Sudan be less worried about this disease?

A: First of all, we need to raise awareness of this disease. And also we need to teach the people how to preserve hygiene in their daily lives and how some of their daily habits raise the possibility of them being exposed to the virus of Hepatitis A. And now, there is this new vaccination called Twinrix and it is encouraged to give it to all children. Some governments have been giving it to children as a compulsory vaccination and this provides active immunity against not only Hepatitis A but also Hepatitis B. This allows the children to have a less probability of being infected by the virus.

Q: Any last words for the students and faculty of KAS in regards of Hepatitis A and health in general?

A: The only way you can be protected from Hepatitis A is to have good hygiene and remember the basic hand washing, wash your hands with soap and water and "sing Happy Birthday". Wash your vegetables and fruits properly. And avoid street food. Be careful with the water you drink.

Recue Hwang

Grade 10

ANNOUNCEMENT

Khartoum American School - PTA

YARD SALE

WHEN: SATURDAY, MAY 21st 2016 8:00 AM - 2:00 PM

WHERE: K.A.S. BASKETBALL COURT

WHO: ALL PARENTS, TEACHERS, AND STUDENTS OF K.A.S

HOW: TABLE RESERVATION STARTS ON THURSDAY, MAY 5th, TO SUNDAY, MAY 15th. RENTAL PRICE PER TABLE: 100 SDG. CONTACT MS. MAAB (K.A.S. MAIN OFFICE) AT 0155770107. DURING SCHOOL HOURS ONLY.



One Person's
JUNK is Another Person's
TREASURE